Lancashire Mind

Tailored & Flexible Packages

Employee Assistance Programme

Let Lancashire Mind's qualified mental health specialists provide personalised support for your staff.

We've helped over 1,000 local businesses build a more positive and supportive work environment.

Contact us today for more information:
emmabateson@lancashiremind.org.uk
01257 231660

How does an EAP benefit your business or organisation?

- **Enhanced employee retention**
- **Reduced Absenteeism**
- **Improved Productivity**
- **Improved Employee Wellbeing and Mental Health**
- **Positive Workplace Culture**
- **Enhanced Managerial Support**

96% of people who've accessed Lancashire Mind training and support would recommend us to others!

Just £7 per person, per year!

"Lancashire Mind has provided us with through resources, courses and training. The EAP has been instrumental in Managers and our Mental Health & Wellbeing Champions being equipped to support our staff and teams across the group."

Jen Briggs
Head of HR & Partnerships
James' Places

James' PLACES

By choosing us as your EAP provider you will also be investing back into your local community.

Lancashire Mind re-invests funds into Lancashire mental health services.

By providing employees access to confidential counseling, support and resources, EAPs can help to address professional and personal issues that can impact wellbeing and performance.

About Lancashire Mind

Put your EAP in the hands of Lancashire's leading Mental Health & Wellbeing organisation!

We are an independent mental health charity dedicated to improving the mental health and wellbeing of the people of Lancashire.

www.lancashiremind.org.uk

From £7 per employee

Lancashire Mind's EAP includes:

- Your own dedicated webpage
- A support phone line
- 1-2-1 mental health support including therapy and coaching
- Manager training to support their own and their team's wellbeing
- Wellbeing in the Workplace tool kit
- Mental health e-learning courses
- Self-help resources

15 YEARS OF

LANCASHIREBUSINESSVIEW
RED ROSE
AWARDS 2025
WINNER
HEALTH & WELLBEING

mind
Lancashire