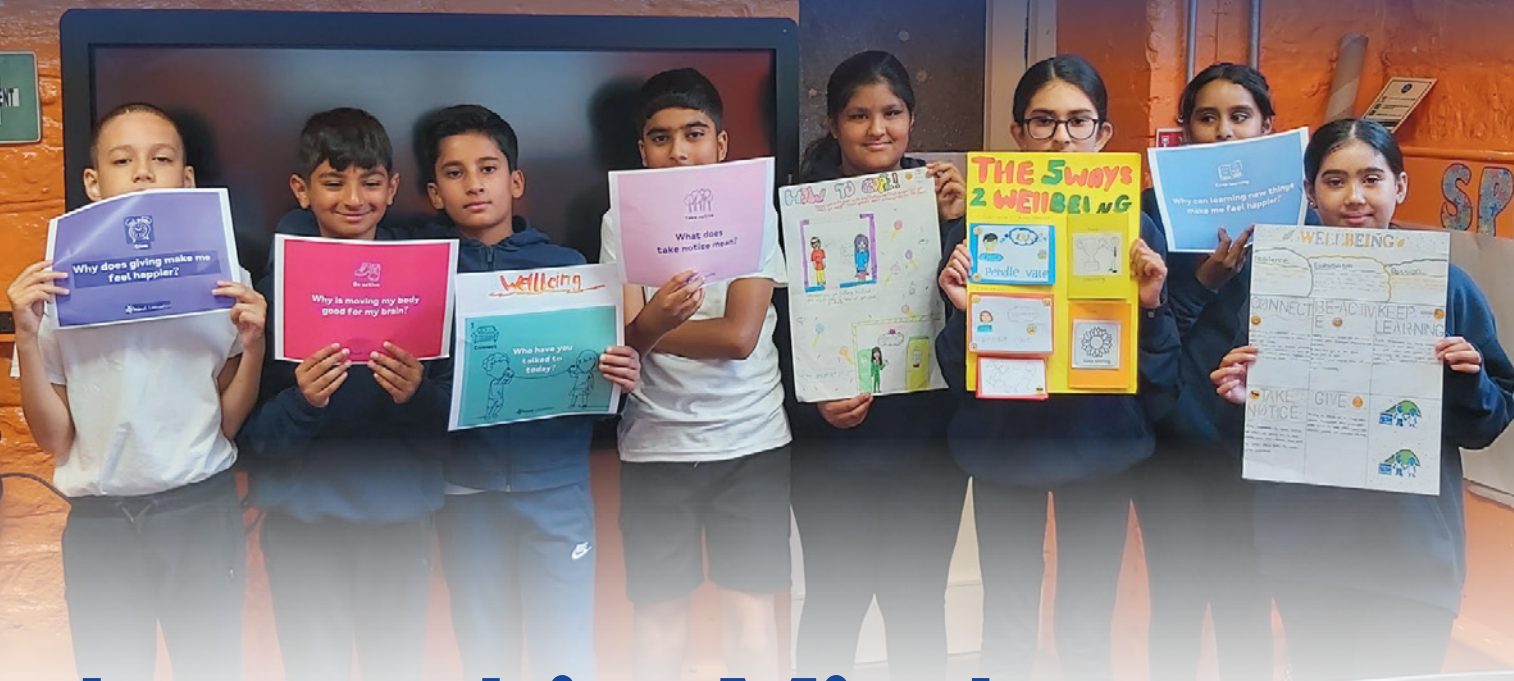




Lancashire Mind School Packages

Bronze package **15 credits** **£2.5k**

A starter package which allows schools to dip-in to our range of services and includes a free assembly.

Silver package **25 credits** **£5k**

A wider package of support to show a commitment to school wellbeing, this includes a free assembly.

Gold package **60 credits** **£10k**

An enhanced offer which allows you to access a full range of services for both children and staff. This offer includes 2 free assemblies.

Buying one of our packages gives you the best value.
However, we do offer our services at individual prices.
Please contact hannahholden@lancashiremind.org.uk
for more information.



**BEST
VALUE**

Platinum package
95 credits **£15k**

Our best value package includes an exclusive mascot visit from Lancashire Mind's Sunny the Bear as well as 2 free assemblies.

Service	Detail	Credits
Whole School		
5 Ways to Wellbeing Assembly	1 assembly each for KS1 and KS2. Assemblies are now free as part of the packages. Bronze and Silver Packages will get 1 assembly free, and Gold and Platinum Packages will get 2 assemblies free.	FREE
Whole Class		
Bounce Forward	6 weeks of 1 hour sessions for years 4-6	6
Small group and 1:1 support		
Small group support	6 weeks of support for up to 4 children, years 2-6	3
1:1 support	6 weeks of 1 hour sessions (2 credits per child)	2
Support and upskill staff		
Staff seminar	1 hour seminar on one of the following topics (2 credits per seminar): Understanding self-harm Resilience Self Awareness of Stress, Anxiety and Depression	2
Wellbeing Action Planning session	1.5 hour session to develop practical tools to look after your own wellbeing	3
Managing Mental Health in the workplace workshop	3 hour CPD accredited course for managers	4

If you are interested in one of our packages for your school please visit lancashiremind.org.uk/schools-colleges or email hannahholden@lancashiremind.org.uk



Scan the QR code for more information